Volume 1 No.3

July-August

The club keeps growing as word gets out. We now have 26 members. I would like to welcome to the club: Ed and Terri Sutor, Jim and Carol Sugg, Pam Walker, Monica Parker, Ken Sauder, Gail Hanna, Bert Ton, Malcolm Fitzurka, and Steve Sardman.Last month I forgot to list the club's premiere woman member, Terri Astle. Thanks, Terri, for all the assistance that you've given the club.

During the summer months we will have a limited menu of hikes in San Diego, since it is so warm. The spots to hike are San Jacinto, San Gorgonio, the Sierras or you can do the desert mountains above 11,000 feet. A lot of people already have their summer schedules booked up. I am planning a lot of wonderful hikes for the fall. Here is a sample (the pages refer to Schad's 'Afoot and Afield in San Diego County', not the exact trip, but in that area): Puff (pp.271-272), Moan and Windy(pp.270-271), Rosa and Pyramid (pp.211-212), Square Top and Collins (pp.171,174-175), Ode and Kay(pp.183-184), Split Mtn area (239-247), and MORE.

Awards

Jim Sugg has now earned the mini-macho award! Congrats, Jim.

Hiker of the Month

The winner of this month's award is Jim Sugg. On June 22, Jim completed his 10th annual 60 mile walk. The walk, a modified version of the city's scenic drive covers Presidio Park, Balboa Park, Seaport Village, Harbor Island, Shelter Island, OB pier, Sea World, Mission Bay, Kate Sessions Park, Mt Soledad, La Jolla Cove and more. Jim finished the hike averaging a 3.5mph pace, without a blister! Last year Jim completed 60 miles, went home to rest for four hours, then completed another 60 miles. Not bad for a 64 year old. Most people know of Jim as the county record holder for the most units of anti-venom received for a snake bite. This occurred as Jim was leading a group down the San Diego river, outside of Julian. Jim was in such an inaccessable area that he needed to hike for an additional four hours after the bite until he could get to a place for the rescue helicopter to land. Shortly after he got out of the hospital he rounded up the people on the original hike and completed the hike.

HELP

We need a continuing award that the winner of the Hiker of the Month can attach to the back of her/his pack. It should be something silly (and easily attachable). The San Diego Bike Club has an award they call the 'Go Plug'. The Go Plug was on the seat of the bike that won the World Championship in 1969. Let's get an award that will make people around the world say, "What is that?".